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Fibronectin within Sodium Alginate Microcapsules Improved Osteogenic Differentiation of BMMSCs in Dose Dependent Manner by Targeting SP7, OCN, CDK1, ZBTB16, and Twist1 Expression

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Fibronectin within Sodium Alginate Microcapsules improved osteogenic differentiation of BMMSCs in dose dependent manner by targeting SP7, Abstract

Introduction: Insoluble fibronectin as an extracellular matrix (ECM) protein has the potential to promote proliferation, differentiation, and migration of mesenchymal stem cells (MSCs). However, there is limited information about the effects of fibronectin various concentrations on bone marrow-derived MSCs (BMMSCs) function and differentiation. It is hoped to take a major step forward into the optimization of MSCs proliferation and osteogenic differentiation in vitro to treat bone-related diseases through enhancing the synergistic effect of fibronectin on the BMMSC activities.

Materials and Methods: In this experimental study, using a gel injection device, BMMSCs were encapsulated in sodium alginate microcapsules containing 1.25% alginate, 1% gelatin, and four different concentrations of fibronectin (0.01, 0.05, 0.1, and 0.2 μg/ml). MTT assay was used to examine the proliferation of BMMSCs 1-10 days after exposure with different concentrations of fibronectin. Also, BMMSCs apoptosis rates were calculated using Annexin-V/PI staining and FACS analysis within 48 hours of exposure. Alkaline phosphatase (ALP) test was conducted to assess BMMSCs osteogenic differentiation potential 5, 10, 15, and 21 days after culture of BMMSC containing microcapsules in the differentiation-inducing culture medium. Finally, mRNA expression levels of the SP7, osteocalcin (OCN), Twist Family BHLH Transcription Factor 1 (Twist1), Peroxisome proliferator-activated receptor γ2 (PPARγ2), Cyclin-dependent kinase 1 (CDK1), and Zinc Finger And BTB Domain Containing 16 (ZBTB16), which involved in MSCs differentiation process were evaluated using Real-Time PCR following exposure with fibronectin 0.1 μg/ml.

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Result: According to results, fibronectin had the potential to promote proliferation rates of the BMMSCs, in particular at 0.1 and 0.2 μ g/ml concentrations. Unexpectedly, this enhancement was more obvious at 0.1 μ g/ml than 0.2 μ g/ml concentration. On the other hand, we showed that various concentrations of the fibronectin were not able to modify apoptosis rates of the BMMSCs, negatively or positively. Also, ALP test results approved the notable potential of the fibronectin, especially at 0.1 μ g/ml concentration, to trigger osteogenic differentiation of the BMMSCs. Also, RT-PCR results indicated that fibronectin 0.1 μ g/ml could augment osteogenic differentiation of cultured BMMSCs through targeting of OCN, SP7, Twist1, CDK1, and ZBTB16, strongly or slightly.

Conclusion: Results showed that fibronectin can improve proliferation and osteogenic differentiation of BMMSCs without any effect on these cells' survival.

Keywords: Bone marrow-derived MSCs (BMMSCs), Alginate, Fibronectin, Microcapsules, osteogenic differentiation

1. Introduction

According to the wide range of studies, the cells should make contact with other cells and extracellular matrix (ECM) to become biologically functional ¹. The ECM is a three-dimensional (3D) network that plays key roles in supporting the physical and also biological structure and function of the living cells ². As cells in the body perform their function within a complex 3D environment that cannot be formed by two-dimensional (2D) medium and animal models, 3D culture media have been used widely in medical science and tissue engineering. The most pivotal properties of the 3D culture media are keeping of homeostasis for a long time, the transmission of nutrients and oxygen by microfluidic systems and also the creation of the barrier tissue and integration of the flow 3,4. Microencapsulation of cells is an interesting technique of the entrapping of the living cells within a semi-permeable matrix that provides a 3D culture medium for cells ⁵. Alginate is a natural anionic polysaccharide formed by several residues of d-mannuronate and 1-guluronate with (1-4) linkages and is a biomaterial commonly applied as a defensive barrier ^{6,7}. Based on the analysis, the connection of sodium cation to alginate chains makes a gelatin structure associated microencapsulated cell viabilities 8. Due to the lack of toxicity and high bioavailability, sodium alginate microcapsules possess a noticeable potential to encapsulate mesenchymal stem cells (MSCs) 9. MSCs are non-hematopoietic multipotent cells found in varied types of the tissues, in particular, bone marrow and adipose tissue ¹⁰. They are spindle-shaped cells possessed self-renewal ability and a great potential to differentiate into adipocyte, chondrocyte, and osteoblast cells ¹¹. Bone Marrow Mesenchymal Stem Cells (BMMSCs) are positive for CD73, CD90, CD 22, and CD105 but negative for CD11b, CD14, CD19, CD34, CD45, CD79a, and HLA-DR ^{12,13}. Because of the easy isolation and expansion in the laboratory and also the immunomodulatory effect on innate and adaptive immune systems, BMMSCs are considered the best types of stem cells for culture in 3D media to use for therapeutic applications ¹⁴.

Fibronectin is a high molecular weight glycoprotein found insoluble, within the plasma, as well as insoluble forms ¹⁵. The insoluble form is part of the ECM, which promotes MSCs growth and resistance to apoptosis via targeting of the cell cycle ^{16,17}. Regarding evidence, in bone tissue, fibronectin is made by osteoblast cells and exerts its effects by connecting to integrin molecules on BMMSCs surface and induction of Runt-related transcription factor-2 (RUNX2) signaling pathway, which is mediated by fibronectin RGD (Arg-Gly-Asp)-containing peptide ¹⁸. Based on molecular studies, RUNX2 signaling, which involved in osteogenic differentiation of MSCs, regulates varied types of the molecular signaling pathways, including BMP, Wnt, Hedgehog, and Notch, directly or indirectly ^{19,20}. According to experiments conducted on rat calvaria, fibronectin is increased in periosteum and osteoid around the localized implant 21; in fact, fibronectin is augmented in part of bone tissue where MSC become committed, and in turn, recruited to osteoblast cells ²². Considering the results obtained from available evidence, fibronectin promotes MSCs activities, but there is limited data about the fibronectin's various concentrations effects on MSCs biology and function. In this study, we investigated the effects of the different concentrations of fibronectin on proliferation, differentiation, and apoptosis of BMMSCs. Furthermore, we evaluated the expression levels of some genes that have a negative or positive role in osteogenic differentiation of the BMMSCs. Our findings lead to the optimization of BMMSC proliferation in a laboratory environment as well as the treatment of bone diseases.

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2. Materials and Methods

2.1 Cell culture

In this experimental study, BMMSCs were purchased from Bonyakteh Research Center, Tehran, Iran and cultured in 50-cm² filtered flask within Dulbecco's Modified Eagle Medium (DMEM)-LG (Gibco, UK) supplemented with 10% fetal bovine serum (FBS, Gibco, UK) and 0.1% penicillin/streptomycin (Gibco, UK) without any additional growth factors and incubated at 37°C with 5% CO₂ (n-biotek NB203xl). When the cells reached 80-90% confluence, MSCs were trypsinized and passaged, and the experiments were conducted with MSCs from the fourth passage.

2.2 Microencapsulation

Encapsulation of MSCs into small (200- μ m) sodium alginate microcapsules was conducted as described elsewhere 23 . Briefly, under sterile conditions, the cells were mixed with 1.25% (w/v) sodium alginate solution (Sigma-Aldrich, USA) and 2% (w/v) gel solution (Sigma-Aldrich, USA) as well as four different concentration of fibronectin (0.05, 0.01, 0.1, and 0.2 μ g/ml) to obtain a alginate/cell/fibronectin/gel mixture with final density of 1.5×10 6 cells.

The mixture was dripped into 100mM CaCl₂ solution using electrostatic microbead (microcapsule) generator in 9 volts to obtain plain alginate microbeads, which were then collected by brief centrifugation (500 rpm for 3 min) and three times washed by CF-KRH. To induce differentiation, the beads were cultured in conventional osteogenic medium containing maintenance medium supplemented with 50 mg ascorbic-acid-2 phosphate (Sigma-Aldrich, USA), 0.1mg dexamethasone (Sigma-Aldrich, USA), and 10mM B-glycerophosphate (Sigma-Aldrich, USA) and incubated at 37°C with 5% CO₂ for 21 days, and the medium was changed every three days.

2.3 MTT assay

The proliferation of BMMSCs following exposure with fibronectin was assessed using MTT assay . To investigate the proliferation of BMMSCs encapsulated in sodium alginate microcapsules, the microcapsules were seeded in a maintenance medium containing DMEM/LG plus 10% FBS and 1% penicillin/streptomycin and incubated in 37°C with 5% CO_2 . The MTT test was performed within 1-10 days of exposure with 0.01, 0.05, 0.1 and 0.2 μ g/ml concentration of fibronectin. For MTT assay, the beads were transferred into 24-well plates (Falcon, USA), 100 μ l of MTT solution was added to each well and incubated at 37°C with 5% CO_2 for 4 h. Then, 1ml of DMSO (Invitrogen, USA) was added to each well of the plate and shaken for 20 min. The absorbance of solutions was recorded at 490 nm by a spectrophotometer ²⁴ (UV 2100, USA).

2.4 Detection of Apoptosis by Flow Cytometry

To investigate apoptosis of BMMSCs encapsulated in sodium alginate microcapsules, the microcapsules were seeded in a maintenance medium containing DMEM/LG plus 10% FBS and 1% penicillin/streptomycin and incubated in 37°C with 5% CO². Apoptosis of BMMSCs was calculated using the Annexin V-FITC Apoptosis Detection Kit (BD Pharmingen, USA). Accordingly, 48 hours after exposure to various concentrations of fibronectin, BMMSCs were washed with PBS and resuspended in 100 μl annexin V-FITC labeling solution. Then cells exposed with 5 μl annexin V-FITC and 5 μl propidium iodide (PI) for 30 min at room temperature and in the dark condition ²⁵. Finally, cells were evaluated using FACSCalibur (BD Biosciences, Franklin Lakes, NJ) and results were analyzed by FlowJo V.10 software.

2.5 Alizarin-red staining

For confirmation of the osteoblastic differentiation of human BMMSCs cells, Alizarin-red staining was conducted. Accordingly, cells were fixed with 10% formalin for 15 min and stained with 1ml of 1% alizarin red solution in water (pH 4.2) at for 20 min at 25°C after 10,15 and 21 days ²⁶. Finally, the stained matrix was observed under an inverted microscope with several magnifications.

2.6 Quantitative real-time polymerase chain reaction

The total RNA of BMMSCs and osteoblasts was extracted on Days 0, 5, 10, 15 and 21 using the Trizol reagent (Sigma-Aldrich, Darmstadt, Germany) according to the manufacturers' protocol. The validity of the yields was evaluated by electrophoresis and calculated by Nanodrop. Then mRNAs were reverse-transcribed to the complementary DNAs (cDNAs) by cDNA synthesis Kit (Takara, Tokyo, Japan) 11.

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The Real-time PCR was performed by Corbett machine using the SYBR Green reagent (Thermo Fisher Scientific, Waltham, MA). All primer pair sequences for experimented genes are cited in Table 1.

2.7 Alkaline Phosphatase (ALP) test

Osteogenic differentiation of BMMSCs was assessed by the ALP test (Sigma- Aldrich, USA) within 5, 10, 15, and 21 days post-induction of differentiation. To measure ALP activity, the microcapsules were transferred into 24-well plates, fixed with paraformaldehyde and washed; then, 100 µl of para-Nitrophenylphosphate (Pnpp) solution was added to each well of the plate, and the absorption was recorded at 450nm using a spectrophotometer ¹¹.

2.8 Statistical Analysis

Statistical analyses were performed using GraphPad Prism version 8.01. A one-way ANOVA test was used for determining the statistically significant differences. All results were expressed as the mean \pm SEM from three independent experiments. Also, P-values<0.05 were noticed statistically significant.

3. Results

3.1 Confirming of the BMMSCs osteoblastic differentiation by Alizarin-red staining

The osteoblastic differentiation of the BMMSCs was approved by absorption of the Alizarin-red stain in ECM of the BMMSCs because of the occurring of the calcium mineralization on 10, 15 and 21days of cell cultures (Figure 1).

3.2 Confirming of the BMMSCs osteoblastic differentiation by evaluation of the mRNA expression levels of SP7, BMP2, BSP, and RUNX2

Osteoblastic differentiation of the BMMSCs was approved by assessment of the mRNA expression of the osteoblastic marker genes, such as SP7, BMP2, BSP, and RUNX2 by Real-Time PCR (Figure 2A). Based on the results, the mRNA levels were strongly promoted over time progression in differentiation-induced MSCs (P<0.05) (Figure 2A). The mRNA expression levels of the candidate genes were meaningfully higher than compared with other periods (P<0.05) (Figure 2A).

3.3 Fibronectin augmented proliferation potential of the BMMSCs

Based on results, 0.01- $0.2~\mu g/ml$ of fibronectin were able to enhance proliferation rates of the exposed BMMSCs compared with the control cells, in particular, 5-10 days after exposure (Figure 2B, C). According to the analysis, the effects of fibronectin $0.1~\mu g/ml$ on BMMSCs proliferation were more prominent than other concentrations (Figure 2B, C). Surprisingly, fibronectin $0.1~\mu g/ml$ had the potential to enhance the proliferation of target cells more powerful than fibronectin $0.2~\mu g/ml$ (Figure 2B, C).

3.4 Fibronectin had not any effect on BMMSCs apoptosis

There was no significant shift in apoptosis rates of BMMSCs-exposed with fibronectin 0.01, 0.05, 0.1 and 0.2 μ g/ml in comparison to control cells (untreated BMMSCs cells) at 48 hours of exposure measured by Annexin-V/PI staining and FACS analysis (P<0.05) (Figure 3A, B). Based analysis, apoptosis percentages in control, cells treated with fibronectin 0.01, 0.05, 0.1 and 0.2 μ g/ml were 4.14±1.98, 4.92±2.15, 5.11±1.78, 6.03±1.33 and 7.16±1.73% of total cells, respectively (Figures 3A, B).

3.5 Fibronectin improved osteoblastic differentiation of BMMSCs

Based ALP test results, fibronectin 0.01- $0.2~\mu g/ml$ prominently improved osteoblastic differentiation of BMMSCs compared with the control cells within 5, 10, 15 and 21 days of exposure (P<0.05) (Figure 4). Although the positive effects of the fibronectin 0.1 and 0.2 $\mu g/ml$ were stronger than fibronectin 0.01 and 0.05 $\mu g/ml$, the differentiation potential of fibronectin 0.1 $\mu g/ml$ was stronger than fibronectin 0.2 $\mu g/ml$ (P<0.05) (Figure 4). Unsurprisingly, ALP activity of treated BMMSCs within 15 and 21 days of exposure was more prominent than 5 and 10 days of exposure (P<0.05) (Figure 4).

3.6 Fibronectin modified the expression of CDK1, ZBTB16, Twist1, OCN and SP7 genes in BMMSCs

RT-PCR results showed that fibronectin 0.1 μ g/ml was able to promote OCN expression on days 10, 15 and 21, but not days 5 of ODMSCs compared with the control cells (P<0.05) (Figure 5A). Moreover, fibronectin 0.1 μ g/ml attenuated Twist1 expression on days 15 and 21, but not days 5 and 10 of ODMSCs compared with the control cells (P<0.05) (Figure 5B); on the other hand, PPAR γ 2 expression

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pattern did not modify following exposure with fibronectin 0.1 μ g/ml on any time periods of experiment compared with the control cells (P<0.05) (Figure 5C). Also, results demonstrated fibronectin 0.1 μ g/ml positive impacts on SP7 and CDK1 gene expression on days 5, 10, 15 and 21 of ODMSCs compared with the control cells (P<0.05) (Figure 5D, F). But, fibronectin 0.1 μ g/ml had the potential to significantly promote ZBTB16 gene expression compared with the control cells only on days 21 of exposure (P<0.05) (Figure 5E).

4. Discussion

Recently, MSCs have acquired much attention as a promising therapeutic option for the treatment of a wide range of disorders and abnormalities. According to a large number of studies, ECM is known to play a pivotal role in adjusting the MSCs biologic and functional properties ²⁷. In BM, MSCs reside in a dynamic, specialized microenvironment, known as 'niche', which delivers extracellular cues to support stem cell viability and identity ^{28,29}. The effect of ECM on MSCs is attributed to physical stimulation, such as elasticity and pressure, as well as biochemical stimulation containing growth factors. RNA, and DNA ³⁰. Several studies on the regulatory role of ECM on MSCs activities have indicated that cellular density and matrix elasticity as a biological factor play a central role in MSCs function ³¹. Interestingly, it has been noticed that soft and hard culture media lead to differentiation of cells towards neurons and osteoblasts, respectively ³²; on the other hand, Xue, Ruyue et al. found that matrix elasticity adjust the stem cells activities at low cell density but not at high density ³³. In high cell density, MSCs activities are not modified by the modification in elasticity as cell-to-cell communication defeats cell-matrix communication ³⁴. Other types of investigations on the constant matrix and cell density have examined biomaterial's effects on MSCs biology and functions ³⁵⁻³⁷. Somaiah Chinnapaka et al. showed that type I collagen improves osteogenic differentiation and proliferation of MSCs through targeting of signaling pathways involved in cell proliferation and commitment ³⁸. Linsley et al. found that fibronectin, type I collagen, and fibrinogen had the potential to ameliorate growth and osteogenic differentiation of MSCs in the 2D cell culture system ³⁹. In this study, we investigated the effect of series concentration of fibronectin on BMMSCs proliferation, differentiation, apoptosis and differentiation involved genes expression levels in a three-dimensional medium. We observed that enhancement of the BMMSCs proliferation and differentiation into the osteoblast takes place up to certain concentration fibronectin (fibronectin 0.1µg/ml), after which further increase in the concentration of fibronectin attenuated its synergistic effect on BMMSCs pivotal activities. The results of several studies in which fibronectin improved BMMSCs growth and differentiation were consistent with our findings; however, our results were different in the highest concentration. Based on reports, in two-dimensional and three-dimensional media, fibronectin-binding is facilitated by its binding to integrin on cell surface leads to rising proliferation via activation of PI3K/Akt signaling pathway 40. Moreover, during osteogenic differentiation, fibronectin triggers a signaling cascade by activating ERK1, 2, which induces RUNX2 signaling pathway 41,42. In this study, we evaluated expression levels of some genes, including ZBTB16, Twist1, OCN, SP7, PPARy2, and CDK1, which adjust osteogenic differentiation of the MSCs, negatively or positively.

ZBTB16 is necessary for the expression of the osteogenic transcription factor RUNX2 and has a significant role in the osteogenic differentiation of dental follicle cells (DFCs) ⁴³. Examinations have demonstrated that RUNX2 regulates downstream genes involved in determining of the osteoblast cells phenotype and regulate the expression of OCN and SP7 ⁴⁴. Another assessed transcription factor, Twist1 involved in adjusting of the progression and osteogenesis processes, has a notable inhibitory effect on the MSCs osteogenic differentiation ⁴⁵. Moreover, it can negatively adjust the osteoblastic differentiation of the human periodontal ligament cells ⁴⁶. Based on molecular investigations, TWIST1 suppresses RUNX2 expression through directly connecting to an E-box sited at -820 bp of the RUNX2 promoter region and repressing its activity ⁴⁷. Yongkun Wei et al. described that CDK1-dependent phosphorylation of Enhancer of zeste homolog 2 (EZH2) reduced methylation of H3K27 and improves osteogenic differentiation of human MSCs ⁴⁸.

Considering the results obtained in this study, fibronectin was able to promote osteogenic differentiation of BMMSCs through enhancing of the OCN, SP7, ZBTB16, and CDK1, and reducting of Twist1 expression compared with the control cells. It seems that CDK1 upregulation leads to increased

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methylation of the EZH2, which in turn augments the osteogenic differentiation potential of the MSCs. We believe that Twist downregulation in association with ZBTB16 upregulation led to the promotion of RUNX2 expression and its target genes, such as OCN and SP7, which finally ameliorated osteogenic differentiation of the MSCs following exposure with fibronectin. Albeit, it seems signals triggered by fibronectin into the MSCs are insufficient to these cells complete their osteogenic differentiation, and therefore synergistic signals from the surrounding environment are required. Farzaneh Mohamadyari et al. have indicated that calcium deposition does not occur due to mere osteogenic differentiation of MSCs in the presence of fibronectin, but takes place when combined with hydroxylapatite nanoparticles ⁴⁹. In this research, sodium alginate microcapsule as a synergistic agent led to the completion of BMMSCs osteogenic differentiation and calcium deposition. Since fibronectin is not a protein specific to ECM, we believe that the effect of fibronectin on the function of BMMSCs is related to the concentration of fibronectin. We believe that at high concentrations of fibronectin, the proximity of these molecules causes the connection between these molecules and thereby conceals their cell-binding site, which, in turn, attenuated its synergistic effect on the MSCs pivotal activities, such as proliferation and differentiation.

5. Conclusion

According to the wide range of studies, the cells should make contact with other cells and ECM to become biologically functional. Moreover, because of the absence of toxicity and high bioavailability, sodium alginate microcapsules possess a noticeable potential to encapsulate MSCs. Currently, it is expected to take a significant step forward into the optimization of MSCs growth and osteogenic differentiation in vitro aiming to treat bone-related diseases by promotion of the synergistic influences of fibronectin on the BMMSC activities. Based on the results, fibronectin had the potential to improve osteogenic differentiation of BMMSCs through modification of OCN, SP7, ZBTB16, CDK1 and Twist1 expression in dose dependent manner. We found that a further increase in its concentration (up to $0.2\mu g/ml$) attenuated the synergistic effect of fibronectin on BMMSCs proliferation and differentiation. Our results could be used to the optimization of BMMSC proliferation and differentiation in the laboratory environment as well as the treatment of bone disorders.

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Author's Contributions

P.A. and Y.B.KH; Designed study, supervised, analyzed data. K.Sh., M.M.; Done experiments. The manuscript was written by M.M. and edited by M.S, A.H. All authors read and approved the final manuscript.

CONFLICTS OF INTEREST

The authors declare that there are no conflicts of interest.

Ethical issue

No animal or human studies were carried out by the authors.

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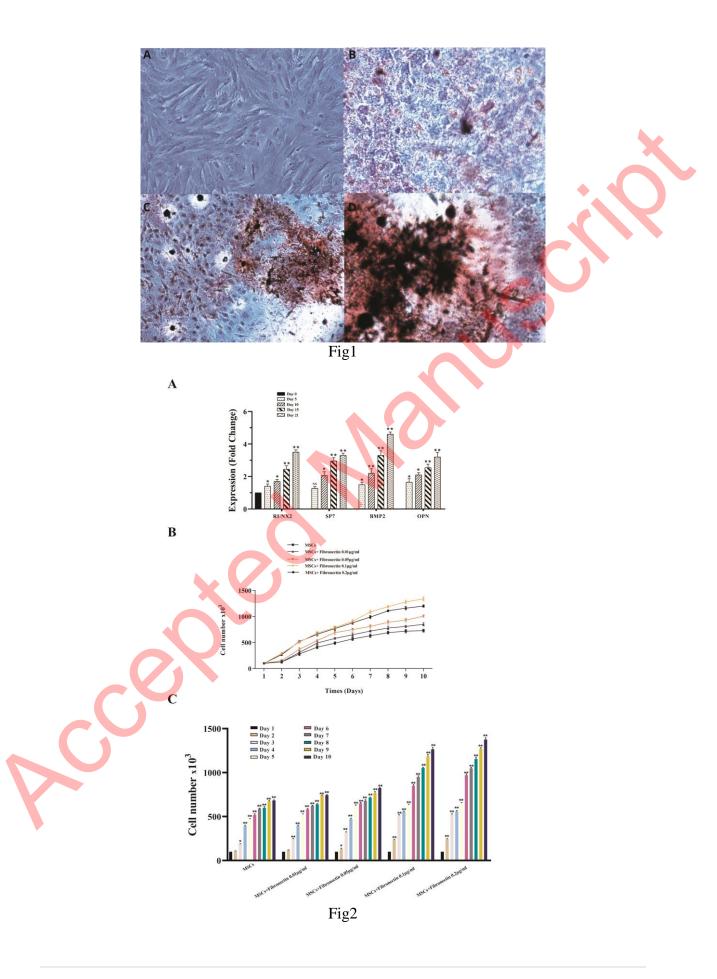
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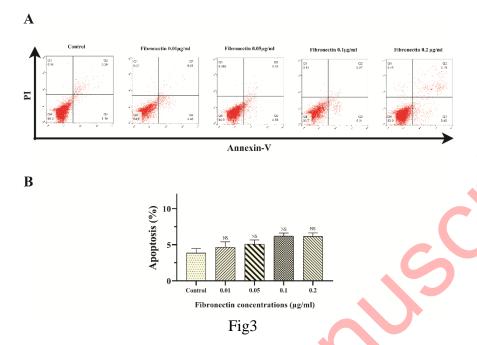


Table 1. List of primer pairs used for quantitative PCR (qPCR)

Gene		Primer sequences	Product Size (bp)
RUNX2	F	CGCCTCACAAACAACCACAG	225
	R	TCACTGTGCTGAAGAGGCTG	225
BSP	F	AAGGGCACCTCGAAGACAAC	119
	R	CCCTCGTATTCAACGGTGGT	119
BMP-2	F	ACTCGAAATTCCCCGTGACC	144
	R	CCACTTCCACCACGAATCCA	144
OCN	F	TCCTTTGGGGTTTGGCCTAC	148
	R	CCAGCCTCCAGCACTGTTTA	148
Twist1	F	GCCAGGTACATCGACTTCCTCT	122
	R	TCCATCCTCCAGACCGAGAAG	122
PPARγ2	F	ATGCACTGCCTATGAGCACT	147
	R	CAACTGTGGTAAAGGGCTTG	147
SP7	F	AGTCAGAGTAGGACTGTAGGAC	247
	R	AGTGAACTTCCTCCTCAAGC	247
CDK1	F	TGGAGAAGGTACCTATGGAGTTG	178
	R	AGGAACCCCTTCCTCTTCAC	178
ZBTB16	F	GAGCTTCCTGATAACGAGGCTG	107
	R	AGCCGCAAACTATCCAGGAACC	107
GAPDH	F	GAGTCAACGGATTTGGTCGT	196
	R	TTGATTTTGGAGGGATCTCG	196

Note. RUNX2; Runt-related transcription factor 2, BSP; Bone sialoprotein, BMP-2; Bone morphogenetic protein 2, OCN; Osteocalcin, Twist1; Twist Family BHLH Transcription Factor 1, PPAR γ 2; Peroxisome proliferator-activated receptor γ 2, CDK1; Cyclin-dependent kinase 1, ZBTB16; Zinc Finger And BTB Domain Containing 16, GAPDH; Glyceraldehyde-3-phosphate dehydrogenase.