The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form.

How to cite this article: Mirza AZ. Multiplex nanoSPR molecular biosensor for blood cytokine monitoring. Advanced Pharmaceutical Bulletin, doi: 10.34172/apb.2022.046

Multiplex nanoSPR molecular biosensor for blood cytokine monitoring Agha Zeeshan Mirza*

Chemistry Department, Faculty of Applied Sciences, Umm Al-Qura University, Makkah, Saudi Arabia

*Corresponding Author email: dr.zeeshan80@gmail.com

Agha Zeeshan Mirza: https://orcid.org/0000-0003-2688-8215

Acknowledgments

The author is thankful to Dr. Hina Shamshad, University of Karachi for his help with the manuscript.

Abstract

Cytokines, as protein biomarkers, have essential functions in the diagnosis, identification, and healing of a broad range of syndromes. For the specific and accurate monitoring of immune conditions, which change rapidly throughout the duration of disease, sophisticated sensors for detecting cytokines are essential and will assist in clinical testing and studies of various diseases. The present manuscript briefly discusses fundamental principles applied to the development of tools for cytokine detection and new biomarker development. The latest developments in the technologies for highly sensitive and multiplexed cytokine quantification, with current detection capabilities across a broad, vibrant array, are also discussed. Finally, nanomaterial-based cytokine sensors, currently considered new approaches, are presented from the perspective of optimizing the sensitivity and multiplexity of cytokine detection.

Keywords: Cytokines, multiplex, diagnosis, NanoSPR

Introduction

Cytokines are part of physiological processes and alter numerous significant characteristics of the inflammatory system. They are small peptides and a necessary component of the host response to injury and stimulation. Cytokines act in autocrine, paracrine, and endocrine manners; hence, the alteration of cytokine profiles in circulation often indicates specific disease conditions. It has been shown that cancer can be promoted by inflammation and infections by creating a tumor-supporting microenvironment that stimulates the neoplastic progression. Cytokines that stimulate innate immune cells are responsible for tumor growth and progression. Other cytokines, which are produced by inflammatory cells, can limit tumor

The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form.

growth ¹ and can serve as early markers for the detection of cancer ². Cytokine profiling is also useful in predicting serious side effects of cancer treatment, such as severe lung injury from radiation therapy ². In addition, cytokines can be very useful as surrogate markers to assess the response to cancer therapy, especially immunotherapy, and are likely to be used as intermediate markers to help prioritize agents for testing in prospective randomized Phase III trials.

Most cytokines are circulated at extremely low levels under normal conditions (<10 pg/mL, i.e., ~0.5-5 pM) ³, which is much below the detection limits of most assays (cytometry, ELISA, bioassays, GC-MS, and immunoproteomics), or their detection steps are very cumbersome. An ideal cytokine assay for diagnostic purposes should meet the following requirements: (1) the assay should be able to detect cytokines at biologically meaningful levels, i.e., at nanograms per milliliter, in the blood; (2) the assay must be able to rule out the interference of noncytokine agents, such as proteins/peptides, in a biological fluid, i.e., in the serum or blood; (3) the assay must require minimum or no sample preparation steps to detect cytokines and meet the requirements for clinical diagnostics; (4) the assay response time must be rapid, within seconds to minutes; (5) the assay should be translatable to point-of-care use; (6) the assay must be cost-effective; and (7) the assay must be easy to use.

For diagnostic purposes, sometimes, the key requirement is not the absolute quantification but rather a rapid evaluation of a cytokine panel (usually 4-8 cytokines) as markers associated with a specific disease or to diagnose the nature of the condition 4 ; hence, multiplex detection will be invaluable. Based on the current developments in the field of nanotechnology, the detection of cytokines takes advantage of various forms of nanomaterials for enhanced sensing capabilities. Owing to their reduced dimensions, nanomaterials have been established to display special and unique optical properties that can be used for qualitative and quantitative analyses of cytokines 5 . The cytokine markers chosen for multiplex detection are TNF α , IL-2, IL-4, IL-6, IL-10, IL-12, and IFN γ . IL-8 has been reported to be a good marker for hepatocellular carcinoma 2 ; the elevations of IL-6 and TNF α have been correlated with chronic fatigue in breast cancer survivors 6 ; the elevations of TNF α , IL-4, IL-6, IL-10, IL-12, and INF γ have been observed in sepsis, and those of IL-2 and IFN- γ have been observed in both chronic lung inflammation and bowel inflammation 4 .

Multiplex NanoSPR Biosensor

The plasmonic properties of noble metal films are used for SPR-based biosensors, and surface plasmon resonance (SPR) is notably becoming more relevant for use in biosensor applications. These biosensors are comprehensively investigated owing to the simplicity of detecting visible color changes. Gold nanorods and nanoparticles have numerous distinctive characteristics, which have been investigated for potential relevance to biomolecular detection ^{7,8}, and shifts in both transverse and longitudinal surface plasmon resonance were observed in terms of the intensity and wavelength due to chemical functionalization ⁹. This biosensor creates a chemically active group, which is able to attach drug molecules and antibodies to obtain molecular probes ^{10,11}. Multiplex sensing has long been established based on distinct responses of the plasmon spectra of these probes to their targets and single-receptor kinetics through the binding with antibodies, viruses, etc. A functionalization procedure was shown to minimize nonspecific binding ¹² (figure 1).

The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form.

Simultaneous detection of nine different respiratory viruses, including severe acute respiratory syndrome coronavirus (SARS), was also reported. Biotin was used to increase the sensitivity, while streptavidin induction was responsible for signal amplification ¹³. Similar multiplex immunoassays of a complex serum matrix have been reported to detect six cytokines (up to a concentration of 5–20 pg/mL) on a single device chip, with an optical biosensor device using antibody conjugation of gold nanorods in a microfluidic channel array with 480 nanoplasmonic sensing spots ¹⁴. This type of assay is significant for immune monitoring in infants and neonates with infectious diseases, as it is complicated to obtain their blood in high quantities ¹⁴. An ultrasensitive biosensor has been developed using gold <u>nanorings</u> and NIR (near-infrared extinction) localized surface plasmon resonance (LSPR) ¹⁵. Pathogens like thyroglobulin and glycoprotein detections were also reported using a gold nanorod biosensor ¹⁶. Similarly, to indicates the active viral replication of the hepatitis B virus, a gold nanorods biosensor reported to detected hepatitis B surface antigen (HBsAg) up to 0.01 to 1 IU/mL response range ¹⁷. In a few reports, the detection limit was estimated to attain femtomolar levels ¹⁸ (table 1).

Clinical COVID-19 diagnosis

The severity of SARS-CoV-2 (COVID-19) infection is considered to be due to the intense generation of proinflammatory cytokines, known as a "cytokine storm", although exact pathophysiology and treatment are still uncertain 19, 20. SARS-CoV-2 possesses single-stranded, positive-sense RNA and belongs to the family of betacoronaviruses; inherent resistance against SARS-Cov-2 appears essential to manage and control viral infection. Hydroxychloroquine, as well as interleukin (IL)-6 and IL-1 antagonists, may be considered, while IFN- α , lopinavir/ritonavir, ribavirin, and Arbidol® are recommended as antiviral therapies and for the treatment of COVID-19 ^{21, 22}. Currently, a reverse transcription-polymerase chain reaction (RT-PCR) is used as a reference test for the diagnosis of COVID-19. In the initial period of the outbreak of the novel virus, several false-positive or negative cases were reported. For the clinical COVID-19 diagnosis, a dual-functional plasmonic biosensor containing two-dimensional gold nanoislands (AuNIs) was functionalized through corresponding DNA receptors with nucleic acid hybridization. A highly sensitive LSPR biosensor showed a lower limit of detection (at a concentration of 0.22 pM) ²³. A field-effect transistor sensor, coated with graphene sheets, has recently been reported to detect the SARS-CoV-2 spike protein at concentrations of 100 fg/mL in the clinical transport medium and 1.6×10^{1} pfu/mL in the culture medium 24 .

Conclusion

As a result of the prompt rise in the rate of human SARS-CoV-2 disease, the World Health Organization confirmed the COVID-19 epidemic as a pandemic. Nevertheless, there are no specific drugs or vaccines available for COVID-19, while early identification and diagnosis are essential to control the outbreak. This paper aimed to briefly describe the current development of a novel, yet simple, multiplex molecular technology, including the efforts to develop a highly sensitive immunological nanoSPR molecular probe concept, based on gold nanorods, for the fast, accurate and sensitive 8-plex cytokine monitoring. The Multiplex nanoSPR molecular biosensor holds a bright future in the early assessment of disease with high sensitivity and accuracy.

Conflicts of interest

The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form.

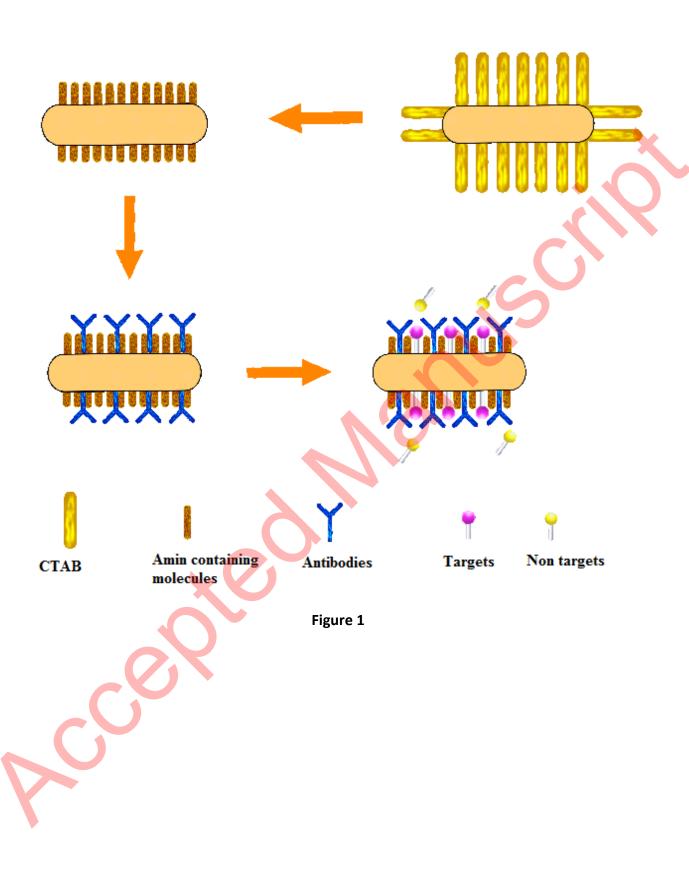
No potential conflict of interest relevant to this article was reported.

References

- Lin Wan-W, Karin M. A cytokine-mediated link between innate immunity, inflammation, and cancer. *J. Clin Inves.* 2007; 117 (5):1175–83. Doi: 10.1172/JCI31537.data.
- Zhou L, Liu J., Luo F. Serum tumor markers for detection of hepatocellular carcinoma. *W. J. Gastr.* 2006;12(8):1175–81. Doi: 10.3748/wjg.v12.i8.1175.
- Bienvenu J, Monneret G, Fabien N, Revillard-Jean P. The clinical usefulness of the measurement of cytokines. *Clin. Chem. Lab Med* 2000; 38(4):267–85. Doi: 10.1515/CCLM.2000.040.
- Boyle-Robert J., Robins-Browne R. M., Tang-Mimi L.K. Probiotic use in clinical practice: What are the risks? *Am J. Clin Nut* 2006;83(6):1256–64. Doi: 10.1093/ajcn/83.6.1256.
- 5 Singh M, Truong J, Reeves-Brian W., Hahm-Jong I., Emerging cytokine biosensors with optical detection modalities and nanomaterial-enabled signal enhancement. *Sensors* 2017; 17(2). Doi: 10.3390/s17020428.
- 6 Collado-Hidalgo A, Bower-Julienne E., Ganz-Patricia A., Cole Steve W., Irwin Michael R. Inflammatory biomarkers for persistent fatigue in breast cancer survivors. *Clin. Canc. Res.* 2006; 12(9):2759–66. Doi: 10.1158/1078-0432.CCR-05-2398.
- 7 Mirza-Agha Z., Siddiqui-Farhan A. Nanomedicine and drug delivery: a mini review. *International Nano Letters* 2014; 4(1). Doi: 10.1007/s40089-014-0094-7.
- Mirza Agha Z., Shamshad H. Preparation and characterization of doxorubicin functionalized gold nanoparticles. *Eur J Med Chem* 2011;46(5):1857–60. Doi: 10.1016/j.ejmech.2011.02.048.
- 9 Mirza Agha Z., Shamshad H. A versatile approach for the functionalization of gold nanorods and nanoparticles. *J Nanoparticle Rese* 2013;15(1):1404. Doi: 10.1007/s11051-012-1404-5.
- Mirza Agha Z. A novel drug delivery system of gold nanorods with doxorubicin and study of drug release by single molecule spectroscopy. *J Drug Targ* 2015;23(1):52–58. Doi: 10.3109/1061186X.2014.950667.
- Mirza Agah Z., Shamshad H. Fabrication and characterization of doxorubicin functionalized PSS coated gold nanorod. *Arab J Chem* 2019;12(1):146–150. Doi: 10.1016/j.arabjc.2014.08.009.
- Yu C, Irudayaraj J. Multiplex Biosensor Using Gold Nanorods. *Anal Chem* 2007;79(2):572–9. Doi: https://doi.org/10.1021/ac061730d.
- Shi L, Sun Q, He J., Xu H., Liu C, Zhao C, et al. Development of SPR biosensor for simultaneous detection of multiplex respiratory viruses. *Bio-Med Mat and Eng* 2015;26:S2207–16. Doi: 10.3233/BME-151526.
- Pengyu C, Chung-Meng T, McHugh W, Nidetz R, Li Y, Fu J, et al. Multiplex Serum Cytokine Immunoassay Using Nanoplasmonic Biosensor Microarrays. *ACS Nano* 2015;9(4):4173–81. Doi: 10.1021/acsnano.5b00396.Multiplex.
- Sadana A, Sadana N, Sadana R. A fractal analysis of chemical kinetics with applications to biological and biosensor interfaces. *Diff Instr Tech* 2018, p. 43–67.

The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form.

- Omair Z., Talukder-Muhammad A. Sensitivity Analysis of Gold Nanorod Biosensors for Single Molecule Detection. *Plasmonics* 2019;14(6):1611–9. Doi: 10.1007/s11468-019-00946-5.
- Wang X, Li Y, Wang H, Fu Q, Peng J, Wang Y, et al. Gold nanorod-based localized surface plasmon resonance biosensor for sensitive detection of hepatitis B virus in buffer, blood serum and plasma. *Biosen and Bioelect.* 2010; 26(2):404–10. Doi: 10.1016/j.bios.2010.07.121.
- Yu C, Irudayaraj J. Quantitative evaluation of sensitivity and selectivity of multiplex nanoSPR biosensor assays. *Biophysical J* 2007; 93(10):3684–92. Doi: 10.1529/biophysj.107.110064.
- Tufan A, Avanoğlu-Güler A, Matucci-Cerinic M. Covid-19, immune system response, hyperinflammation and repurposinantirheumatic drugs. *Turk J Med Sci* 2020;50(SI-1):620–32. Doi: 10.3906/sag-2004-168.
- Wang C., Irudayaraj J. Gold Nanorod Probes for the Detection of Multiple Pathogens. Small 2008;4(12):2204–2208. Doi: https://doi.org/10.1002/smll.200800309.
- Li H, Zhou Y, Zhang M, Wang H, Zhao Q, Liu J. Updated approaches against SARS-CoV-2. *Antimicrob Agents Chemother* 2020;64(6):e00483-20. Doi: 10.1128/AAC.00483-20.
- Mirza-Agha Z, Shamshad H, Abdulrhman F, Habeebullah-Turki M and Murad M An overview of viruses discovered over the last decades and drug development for the current pandemic. *Eur J Pharmacology* 2021; 890(173746):1–13. Doi: 10.1016/j.ejphar.2020.173746.
- Qiu G, Gai Z, Tao Y, Schmitt J, Kullak-Ublick G A., Wang J. Dual-Functional Plasmonic Photothermal Biosensors for Highly Accurate Severe Acute Respiratory Syndrome Coronavirus 2 Detection. *ACS Nano* 2020;14(5):5268–77. Doi: 10.1021/acsnano.0c02439.
- Seo G, Lee G, Kim-Mi J, Seung-Hwa B, Choi M, Lee-Keun B., Ku-Chang S, et al. Rapid Detection of COVID-19 Causative Virus (SARS-CoV-2) in Human Nasopharyngeal Swab Specimens Using Field-Effect Transistor-Based Biosensor. *ACS Nano* 2020;14(4):5135–5142. Doi: https://doi.org/10.1021/acsnano.0c02823.



The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form.

Table 1Multiplex Biosensors

Type limits References	Targets		Detection
Gold NR [12]	goat anti-human IgG1 Fab		
	rabbit antimouse IgG1 Fab		
	rabbit anti-sheep IgG (H+L)		
Gold NR [¹⁴]	interleukin-2 (IL-2)	5	20.56*
	interleukin-4 (IL-4)	4.60	
	interleukin-6 (IL-6)	11.29	
	interleukin-10 (IL-10)	10.97	
	interferon- γ (IFN-γ)	6.46	
	tumor-necrosis-factor α (TNF- α)	11.43	
Gold NR	thyroglobulin		
[¹⁶]			
	glycoprotein		
Gold NR	hepa <mark>ti</mark> tis B surface antigen (HBsAg)	0.01**	[17]
Gold NR [¹⁸]	goat anti-human IgG		92.32^
19.14	goat anti-rabbit IgG		
15.86	goat antimouse IgG		
Gold NR	E. coli		1-
10^^ [20]			
1–10	S. typhimurium		
Gold nanoislands [²²]	RdRp-COVID		0.22±0.08 ⁴
	ORF1ab-COVID	0.22±0	0.08
	E genes from SARS-Cov-2	0.22±0.08	