doi: 10.34172/apb.025.44094 https://apb.tbzmed.ac.ir

Supplementary Information

Article title: Diabetes and NAFLD: A Synergistic Threat to Metabolic Health

Table S1: Pipeline studies for antidiabetic drugs in treatment of NAFLD (retrieved from (Clinical trial, 2024^{135})

Study Title	Status	Sponsor	Phase	Study Type	Estimated Completion Date
Quantifying Hepatic		Pioglitazone vs.			
Mitochondrial Fluxes in Humans	Recruiting	Placebo	4	Interventional	March 2027
Low-Dose Pioglitazone in		Pioglitazone vs.			
Patients with NASH (AIM 2)	Recruiting	Placebo	2	Interventional	August 2027
A Clinical Study of					
Efinopegdutide in Participants					
with Precirrhotic Nonalcoholic		Efinopegdutide			
Steatohepatitis (NASH) (MK-		vs. Semaglutide			
6024-013)	Recruiting	vs. Placebo	2	Interventional	February 2026
Study of Semaglutide, and					
Cilofexor/Firsocostat, Alone and					
in Combination, in Adults with		Semaglutide vs.			
Cirrhosis Due to Nonalcoholic	Active,	FDC of Cilofexor			
Steatohepatitis (NASH)	not	& Firsocostat vs.			December
(WAYFIND)	recruiting	Placebo	2	Interventional	2024
Dapagliflozin in Type 2 Diabetes					
Mellitus Patients (T2DM) with					
Nonalcoholic Fatty Liver Disease		Dapagliflozin vs.			December
(NAFLD)	Recruiting	Placebo	4	Interventional	2024
Effect of Bempedoic Acid on					,
Liver Fat in Individuals with					
Nonalcoholic Fatty Liver Disease					December
and Type 2 Diabetes (B-LIFT)	Recruiting	Bempedoic acid	NA	Interventional	2024
Effect of Henagliflozein on					
Hepatic Fat Content in Patients					November
with T2DM and NAFLD (HHTN)	Recruiting	Bempedoic acid	4	Interventional	2026
Comparative Clinical Study					
Between Empagliflozin Versus					
Pioglitazone in Non-diabetic		Pioglitazone vs.			
Patients with Non-alcoholic	Not yet	Empagliflozin			November
Steatohepatitis	recruiting	1 5	3	Interventional	2024
The Impact of SGLT2 -I on Metabolic					
Dysfunction -Associated Steatotic					
Liver Disease In Patients With Type 2	Not yet				
Diabetes Mellitus	recruiting	SGLT-2 inhibitor	3	Interventional	October 2024

Table S2: Important studies of Pioglitazone in NAFLD patients

Study	Intervention & comparator	No. of patients	Dose	Treatment duration	Patient with NASH resolution (%)	People With Fibrosis Improvement, %*
Yoneda et. al. 2022 144	PioglitazonePioglitazone+Tofogliflozin	32	15-30 mg/day	24 weeks	51%	Not reported
Cusi et. al. 2016 88	PioglitazonePlacebo	101	45 mg/day	72 weeks	32%	41%
Huang et. al.; 2021 ¹⁴⁵	PioglitazonePlacebo	90	30 mg/day	24 weeks	16%	1%
Bril et. al.; 2019 146	Pioglitazone+Vitamin EVitamin E	105	45 mg/day	72 weeks	31%	22%
Sanyal et. al. 2010 87	PioglitazoneVitamin E	247	30 mg/day	96 weeks	26%*	13%
Aithal et. al.; 2008 147	PioglitazonePlacebo	74	30 mg/day	50 weeks	Not reported	9%
Belfort et. al.; 2006 ¹⁴⁸	PioglitazonePlacebo	55	45 mg	24 weeks	Not reported	13%

^{*} Not significant